

“AT RISK” CLASSES

This 3 hour class will discuss healthy living approaches which will help you reduce risk factors for developing type 2 diabetes. Classes schedule listed below are for Charlottetown and Summerside only. Montague, Souris and O’Leary clinics offer “At Risk” group classes as needed but can also provide individual one on one appointments.

Charlottetown Diabetes Program.

Please call 368-4959 to register.

TUESDAY, JANUARY 5, 2010
MONDAY, MARCH 8, 2010
MONDAY, MAY 10, 2010
MONDAY, JULY 12, 2010
MONDAY, SEPTEMBER 20, 2010
MONDAY, NOVEMBER 15, 2010

Summerside Diabetes Program.

Please call 888-8368 to register

MONDAY, DECEMBER 7TH, 2009

MONDAY, MARCH 22, 2010

MONDAY, JUNE 21ST, 2010

MONDAY, SEPTEMBER 20TH, 2010

MONDAY, DECEMBER 13TH, 2010